



Micropigmentation and Aesthetics

What Shall I Do Before Receiving My Permanent Enhancement?

Prior to your permanent cosmetic enhancement think about the look that you wish to achieve. As experts in the field of colour analysis and makeovers, we ensure that the correct colours and styles are chosen for you; however you are part of the decision-making process.

Permanent cosmetic enhancements can require multiple applications of colour to reach the desired outcome. To achieve the best results you will be required to return for at least one control procedure between four and twelve weeks after the initial application which is included in your treatment price. Depending on how your skin heals and holds onto pigment, you may require an additional top up which is at a reduced rate.

Be prepared for the colour intensity to be significantly sharper and darker immediately after the procedure. This will subside and become softer as the skin heals. This process can take up to fourteen days.

General Pre Advice

- ❑ Since delicate skin or sensitive areas may be swollen or red, you are advised not to make social plans on the day of your enhancement.
- ❑ Please wear your normal make-up to your enhancement appointment.
- ❑ Do not take aspirin or anti-inflammatory medication such as Ibuprofen 2 days prior to and after your enhancement.
- ❑ Do not discontinue any medication before consulting your doctor.
- ❑ No alcohol for a minimum of 2 days prior to and after your enhancement. Migration can occur from thinning of blood.
- ❑ A sensitivity test will be performed unless waived upon request.
- ❑ Do not use Retin A skincare products close to the area to be treated 1 month prior your procedure.
- ❑ Do not use AHA skincare products close to the area to be treated 2 weeks prior to your procedure.
- ❑ Avoid professional chemical peels close to the procedure site 1 month prior to your procedure.
- ❑ Please be aware that the National Blood Service does not accept donations of blood for 4 months after a permanent cosmetic enhancement.
- ❑ I cannot carryout treatments if pregnant or nursing.
- ❑ Do not bleach your brows, use tanning lotions/sunbeds or sunbathe for a minimum of 2 weeks before treatment. If you are very tanned this will be difficult to determine the right colour pigment!
- ❑ Plan for after your treatment- No sweating for 10 days, salt water or chlorinated pools for 2 weeks and retinol products do not use in between the first treatment and top up session. For full Aftercare advice please go onto the website at www.fmpermanentcosmetics.co.uk under the heading Treatments and sub heading Process of Treatment.

Eyebrow Enhancement

- Waxing and threading treatments should be performed no less than 1 week prior to your procedure.
- IPL laser hair removal should be performed no less than 2 weeks prior to your procedure.
- Electrolysis treatments should be performed no less than 2 weeks prior to your procedure.
- Eyebrow tinting should be performed no less than 1 month prior to your procedure.
- Eyebrow hair stimulating products should not be used for 4 weeks prior to your procedure.
- Botox in the brow region should be performed no less than 2 weeks pre procedure.

Eyeliner Enhancement

- Eyelash tinting or eyelash perming treatments should be carried out no less than 2 weeks prior to your procedure.
- Eyelash stimulating products should not be used for 4 weeks prior to your procedure.
- Artificial lashes should be removed 1 week prior to your procedure and not reapplied for two weeks post procedure.
- Do not wear contact lenses during or immediately following your procedure. Remember to bring your glasses. You may resume wearing your contact lenses 24 hours after the procedure.
- You may have mild swelling after your enhancement procedure and as a safety precaution you may wish to have someone drive you home.

Lip Enhancement

- If you have a history of cold sores (herpes simplex) and are scheduling a lip enhancement we advise you to use anti herpes medication for example Zovirax cream which can be obtained from a chemist. Use the cream 1 week prior and 1 week after your enhancement 5 times a day. This can help minimise an outbreak. **Oral medication for cold sores prescribed by your GP to take several days before your scheduled appointment is a much more effective way of preventing an outbreak. Permanent cosmetic enhancements do not cause cold sores, however if you carry the virus, it lays dormant in the nervous system and can be aroused by the infusion process.**
- IPL laser hair removal around the mouth should be carried out no less than 2 weeks prior to your procedure.
- Waxing and bleaching treatments should be performed no less than 2 weeks prior to your procedure.
- Electrolysis treatments should be performed no less than 2 weeks prior to your procedure.
- Dermal fillers in the lip should be performed no less than 2 weeks prior to your procedure.

Please read, complete and sign the forms in your pack; General Consent, Medical Form, Aftercare, Terms and Conditions and Sensitivity Patch Test. Don't forget to bring these with you on the day of your appointment!

Possible contra indications such as a medical condition, long term medication or prescribed medication (highlighted on the medical form) will require the Doctors consent form signed and returned on the day of your appointment. Failure to provide the Doctors consent will prevent Faye being able to carry out the treatment on the day. This will result in postponing the treatment and covering losses charged at 75% of the full procedure price.

Important note: Pre-treatment advice as outlined above must be followed for the safety and success of your enhancement.